



Shahid Shikshan Prasarak Mandal, Titave's
SHAHID VIRPATNI LAXMI MAHAVIDYALAYA

Titave, Tal-Radhanagari Dist-Kolhapur

PH (0231) 254370

E-Mail-svlm.titave@gmail.com

Ref.: Home science/2022-2023/8

DATE : 21/01/2023

To,
 The Sarpanch,
 Chandre,
 Tal. Radhanagari,
 Dist. Kolhapur.

Subject: Permission to organize BMI check-up camp in your village.

Respected Sir / Madam,

The Department of Home Science of Shahid Virpatni Laxmi College Titave, Wishes to Organize BMI check-up camp at Chandre, on 31st January 2023 with your co-operation and support. Kindly consider the same and acknowledge the receipt of this letter.

Thank you,

Yours Faithfully,



Principal


Shahid Virpatni Laxmi Mahavidyalaya
 Titave, Tal. Radhanagari, Dist. Kolhapur




 सरपच
 आ. पं. चंद्रे, ता. राधानगरी.

SHAHID VIRPATNI LAXMI MAHAVIDYALAYA, TITAVE
Department of Home Science

Notice

Date: 28-Jan-2023

All students are hereby informed that Department of Home Science is going to organize a guest lecture regarding to the topic **"BMI Check Up Camp"** on 31st Jan 2023 at Chandre Village. Attendance will be conduct so, kindly join the camp on time


H.O.D.
Head
Department Of FSN
SVLM, Titave.


Principal
Principal
Shahid Virpanni Laxmi Mahavidyalay
Titave, Tal.Radhanagari, Dist.Kolhapur



Shahid Virpatni Laxmi Mahavidyalaya, Titave
Tal. Radhanagari Dist. Kolhapur

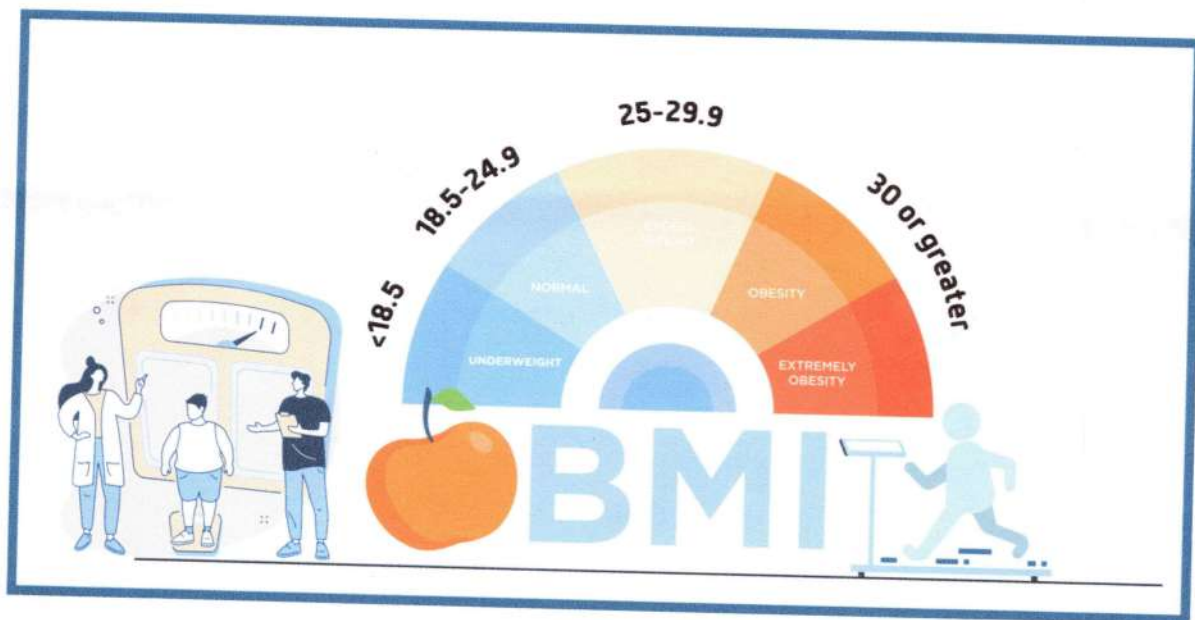
Event Report
Department Of Home Science

BMI Check Up Camp

2022-23

Day: Tuesday

Date: 31st Jan 2023



Shahid Virpatni Laxmi Mahavidyalaya, Titave
Tal. Radhanagari Dist. Kolhapur

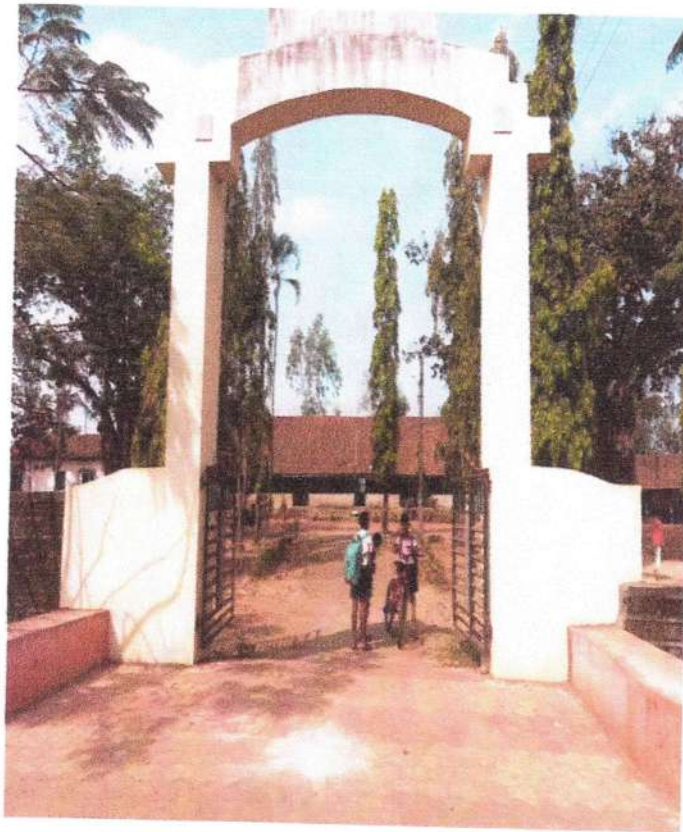
Event Report
Department Of Home Science

Name of the Event	"BMI Check Up Camp",
Organizing Dept./ Committee	Department Home Science
Name of the Teacher	Miss. Gayatri Patil, Mrs.Sanhita Powar
Day and Date	Tuesday 31 st -Jan-2023



Photos-

some photographs from BMI check up camp at Vidya Mandir Chandre. (31-Jan-2023)



Detail Report-

Shahid Virpatni Laxmi Mahavidyalaya, Titave. Department of Food Science & Nutrition organized Visit to Vidya Mandir, for health checkup camp at Chandre, dated on 31Jan2023. Mrs. Sanhitk. Powar and Miss. Gaytri.M. Patil successfully conducting the Event. A Total of 5 students and 2 faculty members participated in this event. The visit was organized to student for getting information about healthy adolescent (girls & boys).

Body mass index (BMI) is an estimate of body fat based on height and weight. It doesn't measure body fat directly, but instead uses an equation to make an approximation. BMI can help determine whether a person is at an unhealthy or healthy weight.

A high BMI can be a sign of too much fat on the body, while a low BMI can be a sign of too little fat on the body. The higher a person's BMI, the greater their chances of developing certain serious conditions, such as heart disease, high blood pressure, and diabetes. A very low BMI can also cause health problems, including bone loss, decreased immune function, and anemia.

While BMI can be useful in screening children and adults for body weight problems, it does have its limits. BMI may overestimate the amount of body fat in athletes and other people with very muscular bodies. It may also underestimate the amount of body fat in older adults and other people who have lost muscle mass.

During this event we found that total 8-10 students are under weight. We give them dietary instructions according their BMI report, as well as we gave instructions to the all students according their BMI reports, we gave them instructions in written format so they can forward this instructions page to their students, we gave them instructions like add salad every day in your tiffin, eat green leafy vegetables, eat boiled egg every day e.t.c.


Organizer


Head
Faculty Head
Department of FSN
SVLM, Titave.


Principal
Shahid Virpatni Laxmi Mahavidyalaya
Titave, Tal. Itanagar, Dist. Kolhapur



Shahid Virpatni Lakshmi Mahavidyalaya, Titave

Free BMI Checking Camp

Event Organized by

Department of Food Science & Nutrition And NSS

At CHANDRE

Date - 31-01-2023

SR. No.	Name	Occupation	Gender	Height	Weight	BMI	Sign Class
1.	विश्वजील वल्लभराय कांबळे	student	male	135	29	15	5 th
2.	श्री कृष्णाळ पाटील	"	"	133	23	17	- "
3.	विरेश बालीराव मोरे	"	"	129	30	18	- "
4.	आयुषा अमित कांबळे	"	"	140	35	17	- "
5.	आर्यन सातापा कांबळे	"	"	138	32	16	- "
6.	शिवाजी महेश पाटील	"	female	139	29	15	- "
7.	आहता महादेव भेंडाणे	"	"	139	41	21	- "
8.	सावनी आमोल पाटील	"	"	130	24	14	- "
9.	अभिषेक सुखराज वल्लभराय	"	"	140	31	15	- "
10.	संजिता बालदेव मोरे	"	"	140	21	10	- "
11.	शांभवी नागोनी देसाय	"	"	134	25	13	- "
12.	संस्कृती लकाशम पाटील	"	"	130	24	14	- "
13.	प्रायल आनंदा त्रिंबुवा	"	"	140	33	16	- "
14.	देव्यानी अर्जुनराव पाटील	"	"	129	25	15	- "
15.	प्राची उत्तम पाटील	"	"	135	25	13	- "
16.	धुवी वल्लभराय कांबळे	"	"	130	23	13	- "
17.	उमा जयवंत पाटील	"	"	137	26	13	- "
18.	कल्याणी कृष्णाळ तंडे	"	"	135	25	13	- "



44.	प्रणव रचिन कुंमार	student	male	130	24	14	6th
45.	तन्मय भूनाथ कांबळे	"	"	150	45	20	"
46.	गौरव निवास कांबळे	"	"	129	24	14	"
47.	आशुज्य विक्रम दामोडे	"	"	145	31	14	"
48.	शबराज किमराव खोडे	"	"	130	26	15	"
49.	लाजि सुखाल पडोवरे	"	"	144	34	16	"
50.	राज इत्तम कांबळे	"	"	138	31	16	"
51.	हर्ष शालाप्या कसोडे	"	"	140	27	13	"
52.	विठोब रमेश वखडे	"	"	138	30	15	"
53.	श्रीधराय राजब ओरवोले	"	"	149	30	13	"
54.	श्रीहरी अमर पाटील	"	"	133	25	14	"
55.	स्वराज संभाजी मोरे	"	"	146	38	17	"
56.	आदित्य प्रभाकर पाटील	"	"	140	36	18	"
57.	साईराज अनिल पाटील	"	"	139	25	12	"
58.	शाशिक सुनिल पाटील	"	"	147	29	13	"
59.	साईराज स्वराज पाटील	"	"	137	30	16	"
60.	ओम सुवराज पाटील	"	"	146	45	21	"
61.	शाशिक अनिल पाटील	"	"	151	41	17	"
62.	प्रवीणराज मधुकर पाटील	"	"	151	41	17	"
63.	सोहन सुनिल पाटील	"	"	136	29	15	"
64.	त्र्यंबक अशोक पाटील	"	"	144	29	14	"
65.							
66.							
67.							
68.							



Principal
Shahid Virpatti Laxmi Mahavidyalaya
Titave, Tal. Radhanagari, Dist. Kolhapur