SHAHID VIRPATNI LAXMI MAHAVIDYALAYA, TITAVE

Department Of Computer Science

Date: 14-08-2021

Notice

All students are hereby informed that Department of Computer Science is going to organize a guest lecture regarding to the topic "Finding the unlimited power in yourself". All the students were requested to join the lecture on 17 August 2021 at 9.00 am.





Shahid Virpatni Laxmi Mahavidyalaya, Titave

Tal. Radhanagari Dist. Kolhapur

Event Report Department Of Computer Science

"Finding the unlimited power in yourself" 2021-2022

Name of the Event and Guest	Guest Lecture "Finding the unlimited power in yourself" Dr. Jabeen Basade Department Computer Science Mr. Sagar V. Shetage Program Coordinator		
Organizing Dept./ Committee			
Name of the Teacher			
Day and Date	17 august 2021 at 9.00 am.		
No. of Participants 64			
Time	09:30 am to 11:30 am		



Detail Report:

Shahid Virpatni Laxmi Mahavidyalaya, Titave. Department of Computer science organized guest lecture on 17 Aug. 2021 related to "Finding the unlimited power in yourself".

For this event one of the special and knowledgeable guest **Dr. Jabeen Basade**, Motivational speaker and life Coach delivered lecture on "Finding the unlimited power in yourself". Event started with welcome and introductory speech by Principal Mr. Prashant palkar. The purpose of this guest lecture was to provide knowledge about various educational modules aimed towards empowerment of girls. Then **Dr. Jabeen Basade** started the lecture with various modules aimed towards empowerment of girls.

During the sessions, she explained the lecture by giving the

- Self-Awareness: This module focuses on exercises that make the girls realize their strengths
 and weaknesses. It then helps them improve the strengths and control or reduce the weaknesses.
 This also guides them on how to bring about a positive change in their personality by selfquestioning the social, physical and emotional aspects and critical observation of their roles,
 experiences and events in their daily life.
- Communication and Relationships: This module guides the girls on good communication skills and maintaining healthy relationships. Through activities, the girls get to understand the causes of differences in opinion and their value in arriving at well-balanced decisions.
- 3. Menstruation and Hygiene: It focuses on physical aspects of their body, menstruation, hygiene, and nutrition. Topics, which all parents would like their children to know, but are not comfortable discussing at home are covered in detail and with scientific explanation. Healthy practices regarding menstruation are shared. This is being supplemented with health and nutrition knowledge.
- 4. Self Esteem and Self Defense: It focuses on discovering the varied and unique qualities each girl possesses and how to value them and create self-respect for oneself. The environment around us subjects the girls to adverse incidences and events which may make them lose confidence in themselves. This session helps them to protect their self-esteem. The session on Self Defence teaches the basics of self-defense both mental and physical.
- 5. Choices and Decisions: This module develops their ability to make the right choices among the various options. The girls develop an understanding that with the freedom to make a choice comes great responsibility and equips them to conduct themselves responsibly. Elements like time management, career planning, social media and technology and their impact on our lives is a part of this session.



6. Friendships and Temptations: This informs them of the importance of friends in one's life and how to choose friends particularly close friends. There is no need to hide good friendships from parents. It educates the girls on the temptations arising from friendship with boys, risks involved in internet surfing, Facebook uploads and social media interaction and alerts them on the best practices. Important aspects like differences between a good touch and bad touch, etc. are also covered.

The session was concluded by vote of thanks by Mr. S.V.Shetage sir. Total 65 students and faculties of our college were participated in this guest lecture.

Photos:



Dr. Jabeen Basade Delivered lecture to student



Student Attend the lecture Carefully.

Department Of Computer Science



Principal pal
Shahid Virpatni Laxai Mahavidyalaya
Titave, Tal. Radhanagari, Dist. Kolhapur

Shahid Virpatni Laxmi Mahavidyalaya, Titave

ONE DAY WORKSHOP ON "Finding the unlimited power in yourself". "
ATTENDANCE

DATE :17-08-2022

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1	Potil Diksha Dattatray	BSC TT	Petal
	Sanika Subbash Ranavare	BSC. IT	danavare
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	kamble Sanika Ankush	B.S.C. IT	Bambe
	Guran Pallani Pandurang	B. S. C. IT	PP(GEORE)
7	Patil Darsham Sadashis	B.S.C.TI	कुठमना
8	Patil Gouri Ashok	* B.SC IT	GRIH-
9	Patil Asmita Sudhakae	B.SC IT	Aatol
10	Saenobal Peiyanka Sandip	BSC It	Sarnabat
11		B.Sc. II	Btu
12	Patil Shweta Shivaji	B. SC. II	Satil.
13	Hujare Nikita Rajaram	B.SC.IT	whiter
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15	Patil Diksha Dilip	BSC -IT	Retta
16	Mudale Namzata sunil.	BSC-IT	Amdale:
17	Sanika shital Patl	BSC-IT	gath.
18	sakshi Ohanaji patil	BSQ-IT	Soti
19	Srushti Tanaji Hilage	B.Sc. IT	Filipe
20	Tanvi Sagar Kalake.	B.Sc.IT	182
21	Arati Ankush Karade .	B. ScIT	Jeksele
22	Sneha kumar kore	B.Sc.IT	Sneherkore
	Sakshi Jitendra Kapale	B.Sc.IT	Sapole
24	Nikito Shivaji Kapale	B.Sc.IT	QENAPAIO
25	Vaishnavi vitthal khapase	B.Sc.II	: (Whippe.
	Pramila Vitthal Patil	BCA	Plati
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	Sanika Sarjerao Bhandwale	BCB	533
	Manisha Panducang khot	BCA	Perol
	Riya Dhondizam Patil	BCA	Deatil.
31	Rashika Ankush Parit	.BcP	RABNIT
	Chaitrali Sonjay Derkule	BCA -	Hoise



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	Mansi Nivas Patil	METE	8446978283	
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42	Riddhi Bajirao chaugale	Draggale	9607993031	
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