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Question Bank

B.sc Home Science (Food Science & Nutrition)

Class: TY Subject: Diet Therapy

Unit- I

**Basic Concepts of Diet Therapy**

**Short Answer Question:**

1. Define dietitian
2. Indian dietetic association & its role.
3. Modification of normal diet
4. What is fever
5. List-out the types of fever
6. Metabolic changes in fever
7. General dietary considerations during fever.
8. Infective hepatitis
9. Diverticulitis

**Long Answer Question:**

1. Define dietitian & give role of registered dietitian in nutritional care.
2. Write a note on: Indian dietetic association & its role.
3. State principles of planning therapeutic diets.
4. Write a note on: modification of normal diet- consistency, nutrients.
5. What is fever? What are the causes of fever? List-out the types of fever.
6. State the metabolic changes in fever & what are the general dietary considerations during fever?
7. What are the general dietary guidelines for pre & post-operative patients?17

Unit- II

**Weight Management – Underweight & Overweight**

**Short Answer Question:**

1. Define overweight
2. Post-operative patients
3. Define diabetes Mellitus

**Long Answer Question:**

1. What are the general dietary guidelines for pre & post-operative patients?
2. Define overweight & obesity. Give causes & dietary modifications in detail.
3. Give classification of diabetes, state its causes & elaborate on dietary management.
4. Give nutritional management of Peptic ulcer.
5. Give symptoms & nutritional management of Cirrhosis of liver.
6. Give classification of diabetes, state its causes & elaborate on dietary management.
7. Explain renal calculi- types of stones, etiology, & symptoms